



Interview with HH Princess Dato' Seri Dr Romona Murad with the independent researcher Tchamy PATTERSON, President and CEO of Tchamy Ingénierie Laboratory

Question 1: Tchamy PATTERSON



For the many people outside of Asia and Malaysia, who are you HH Princess Dato' Seri Dr Romona Murad?

Answer: Princess Romona Murad



Hello Tchamy. It is my pleasure to be interviewed by you. I am born a Malaysian and used to live in the USA during my university years. My father came from the royal family in Northern Malaysia, that is the Sultanate of Kedah. My grandmother was a Princess and she was married to my grandfather who came from the lineage of Alexander the Great. My lineage from my father's father side were Sheikhs, Maulana Sheikhs, Sultans until Alexander the Great which is also known as Sultan Iskandar Dzulkarnain. We came from the lineage of Prophet Abraham through his son, Prophet Isaac and came down through Al-Aisyh or Esau. My family now resides in Kedah, Malaysia.

In Malaysia, I run my own companies, Romona International Sdn. Bhd and Romona Consultancy and Management, based in Kuala Lumpur. Besides these businesses, I am involved with many organizations in Malaysia and overseas. In Malaysia, I hold position as the Chairperson for the Royal Society Group, Malaysia and also Honorary Member of the International Royal Academy of the United Nations. Also I am an Ambassador and Spokesperson with the United Refugees Green Council on Housing, Education, Health & Socio-Economic Issues of Refugees in Malaysia. Concurrently, I also hold position as Chairperson for the International Commission for Malaysia, IOPSH to activate International Humanitarian Law for Peace.

Recently I have been appointed as a Non-Executive Board Member to the Organization for the Economic Reform of Lebanon which is based in London, UK. Not to mention, I am also an Honorary President for the AlBayan International Newspaper based in Egypt. I also been appointed this year (2020) as the Executive Director of the International Royal Union which is based in Ireland. I am also a Member of the Patron with the Euro Asia Financial Policy Forum (EAFPF) which is based in Italy. Not to mention, I am an Ambassador of Peace with the Institute of Peace and Development (INSPAD) which is based in Belgium. My other activities are as Executive Board Member with Fight Cancer Global, Vice Permanent Representative in Malaysia for Aider-Donner-Nourrir (ADN), Board Advisor in Malaysia for Rockfield College of Sciences & Technology, Zurich Switzerland, and Goodwill Ambassador for the International Council for Human Rights, Arbitration, Politics and Strategic Studies.

I received an Honorary Doctorate, Dra H.C. for outstanding literary, scientific and social work and in spreading the culture of love and peace from the Syrian Medical Group in August 2020. Before that, I received an Honorary Doctorate, Dra. H.C. in Human Rights and Preservation of the Environment in Asia from the Saint Peter and Saint Paul Lutheran Institute in October 2019. I also been honored with an Honorary Doctorate (Dr) in Fine Arts and Management from the International Royal Academy of United Nations in 2011. I hold an MBA in Communications and Media from Berkeley International University, USA in 2007 and a BA in Political Science (concentration in Business Administration and English) from the University of Texas, Arlington USA in 1990.

I deal with a lot of people in different countries pertaining to my involvement as a Peace and Goodwill Ambassador. You can say I am a sought after personality and well-linked worldwide as Peace Ambassador, a speaker as well as a successful businesswoman. I have with me more than 25 years experience in Public Relations, Communications, Advertising, Promotions and Event Management. I am recognized for my international relations expertise, charitable activities and have networks all over the world.

Question 2 : Tchamy PATTERSON



Your Highness Princess, you are awarded an Honorary Doctorate in Human Rights and Environmental Preservation in Asia from the Lutheran Institute of St. Peter and St. Paul in October 2019. What is the meaning of your approach in launching yourself in the fight against global warming?

Answer: Princess Romona Murad



Global Warming is a great issue nowadays. As a Peace Ambassador and an Honorary Doctorate in the field of environmental preservation in Asia, I feel that it is my duty to speak up about the problems with global warming that we are facing in this world today. I would like to call everyone to help reduce the demand for fossil fuels, which in turn reduces global warming, by using energy more wisely. Here are 10 simple actions you can take to help reduce the warming of our oceans and our planet.

1. Reduce, Reuse, Recycle

Reduce waste by choosing reusable products instead of disposables. Buy products with minimal packaging. Recycle paper, plastic, newspaper, glass and aluminum cans. By recycling half of your household waste, you can save 1088kg of carbon dioxide every year.

2. Use Less Heat and Air Conditioning

Add insulation to your walls and attic, it can lower your heating costs more than 25 percent, by reducing the amount of energy you need to heat and cool your home. Turn down the heat while you're sleeping at night or away during the day, and keep temperatures moderate at all times. Setting your thermostat just 2 degrees lower in winter and higher in summer could save about 907kg of carbon dioxide each year.

3. Change your lightbulbs

Replace regular light bulbs with compact fluorescent light (CFL) bulbs. CFLs last 10 times longer than incandescent bulbs, use two-thirds less energy, and give off 70 percent less heat.

4. Drive less and drive smarter

Go surfing with friends, Walk and ride your bike more and check out options for carpooling to work or school. When you do drive, make sure your car is running efficiently. For example, keeping your tires properly inflated can improve your petrol mileage by more than 3 percent.

5. Buy Energy-Efficient Products

When it's time to buy a new car, choose one that offers good mileage. Home appliances now come in a range of energy-efficient models, and compact florescent bulbs are designed to provide more natural-looking light while using far less energy than standard light bulbs.

Avoid products that come with excess packaging especially molded plastic and other packaging that can't be recycled.

6. Use Less Hot Water

Set your water heater at a lower temperature to save energy and buy low-flow shower heads to save hot water and about 350 pounds of carbon dioxide yearly. Wash your clothes in warm or cold water to reduce your use of hot water and the energy required to produce it.

7. Use the "Off" Switch

Save electricity and reduce global warming by turning off lights when you leave a room, and using only as much light as you need. And remember to turn off your television, video player, stereo and computer when you're not using them. It's also a good idea to turn off the water when you're not using it. While brushing your teeth, shampooing the dog or washing your car, turn off the water until you actually need it for rinsing. You'll reduce your water bill and help to conserve a vital resource.

8. Plant a Tree or two

If you have the means to plant a tree, start digging. During photosynthesis, trees and other plants absorb carbon dioxide and give off oxygen. A single tree will absorb approximately one ton of carbon dioxide during its lifetime.

9. Keep an eye on your local beach

It's your responsibility to look after your local spot. Keep an eye on changes, pick up litter, use your local status to increase respect for the ocean environment.

10. Encourage Others to Conserve

Share information about recycling and energy conservation with your friends, neighbors and co-workers, and take opportunities to encourage public officials to establish programs and policies that are good for the environment.

Question 3 : Tchamy PATTERSON



What are your plans for the future in this area, given that the worst consequences are likely to fall on developing countries over the next few decades?

Answer: Princess Romona Murad



We need to educate people about the danger of global warming and also how we have to learn to save the environment. Currently we are facing major problems in countries such as Indonesia, the Philippines, Japan, Hong Kong, Korea, Sri Lanka, Maldives and many other islands in Asia. The main problem is the rising of the sea water level which is very alarming. Many countries in Asia will face erosion and will be under the sea water level at no time. Currently, Indonesia is facing the problem with the capital city, Jakarta which will come under water by 2050. Indonesia's capital city is to be relocated to the province of East Kalimantan on the island of Borneo, President Joko Widodo has said. The current capital, Jakarta, home to more than 10 million people, sits on swampy land. The new capital city of Indonesia is now being constructed between Samarinda City and the port city of Balikpapan on the Borneo Island.

Solutions to global warming across the varied countries of the Asian region include providing cleaner cook stoves to rural families, improving rice cultivation to decrease methane emissions, reducing emissions from deforestation, cutting a deepening dependence on carbon-emitting coal, and tackling emissions from a growing number of cars, trucks, and buses.

Encompassing Indonesia, which faces significant pressures on its tropical forest resources; the oil-rich countries of the Middle East; and the rapidly developing nations of China and India (currently the world's number one and four annual emitters of CO₂ respectively, (using 2008 data), Asia currently contributes the most global warming emissions annually. The Asian region also faces a range of climate impacts, including extreme heat, imperiled drinking water resources, and accelerated sea-level rise, which can lead to widespread population displacement, food insecurity, and costly damage to coastal cities and towns. This region's diversity is also apparent in its

solutions. From providing cleaner cook stoves to rural families and improving rice cultivation to reduce methane emissions to reducing emissions from deforestation and cutting deepening dependence on carbon-emitting coal, the solutions to global warming pursued by countries across Asia are specific to their unique needs and opportunities.

Question 4 : Tchamy PATTERSON



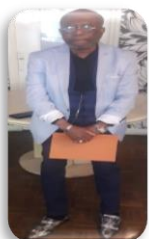
Do you travel a lot around the world as part of your social services?

Answer: Princess Romona Murad



Yes I do travel mostly to South-East Asian countries, particularly Indonesia and Singapore. Also to the Middle East especially the UAE, namely Dubai and Abu Dhabi. And not to mention Kingdom of Saudi Arabia and Bahrain. I have lived in Texas, USA and traveled in Europe, Africa and Asia. And in years to come, I will play a bigger role in the Middle East especially in Palestine, Lebanon, Turkey, Jordan, Egypt and Syria.

Question 5 : Tchamy PATTERSON



The best way to travel is to choose one's destination with knowledge of human and geopolitical elements and to avoid participating in the great fair of a borderless and sold out world. What do you say?

Answer: Princess Romona Murad



Yes you are right in the sense that you should know where you are heading and learn about the life and culture there. Of course you would like to travel to a country that is safe, and not at war. However, if my mission needed for me to travel to a country which is at war, facing famine, killing of one another, I will still go because my presence is needed there. I will make the best of my visit because I am a Peace Ambassador and my role is very important in making people at ease and at peace with themselves. My role is to take away the burden from the people who suffers. I have to make them feel better and can face the world with a positive mind and happy thoughts.

Question 6 : Tchamy PATTERSON



Global warming, fair trade, poverty, war; these are all challenges of our contemporary world. Do you think Man is condemned?

Answer: Princess Romona Murad



Well, the world is evolving everyday. Since the creation of the world that we know, it has been millions of years. And do I think man is condemned for all the sins that he has done? Yeah of course. We are all humans and we are responsible to make sure we can survive in this world. Whatever that we are facing now - global warming, fair trade, poverty, war, all are because of us and our own doing. We are responsible for what we have done. So we have to be ready to face the consequences. Try to be at peace with ourselves first, before we ask others to do on themselves. Take care of our family, our society, our country and the rest will follow. All the answers to the

problems nowadays are in our own hands. We make the world of today and tomorrow. So choose wisely for our future. All depends on us.